

LUNCH MENU

HEALTHY • NUTRITIOUS • DELICIOUS



BIRTHDAY ICEBLOCKS

Bucket of iceblocks for the class with balloons delivered to the classroom



Calippo **35.00** | Quelch **15.00**

LUNCH SPECIALS

WEDNESDAY	THURSDAY	FRIDAY
BURRITO 4.85 Mexican Minced Beef	PASTA BOLOGNAISE 4.65 Coeliac suitable 🌿 5.15 Add grated cheese 0.35	SUSHI Avocado 🌿🌿 3.30 Chicken Teriyaki 3.50 Crispy Chicken & Avocado 3.50 Tuna & Mayo 3.30
BUTTER CHICKEN 4.95 Gluten Free option 🌿 4.95	CHICKEN TERIYAKI 🌿 4.40 With rice	
FRITTATA 🌿 3.25	FRITTATA 🌿 3.25	

HOT MEALS

AVAILABLE WINTER ONLY



Soup - Cup O Tomato Soup 🌿	2.50
Dinner Roll	0.70

WRAPS



Tuna & Salad Wrap	5.25
Salad Wrap	3.45
Ham & Salad Wrap	5.50
Roast Chicken & Salad Wrap	5.50

SANDWICHES ON WHOLEMEAL BREAD

TOASTED

Cheese	3.00
Vegemite & Cheese	3.40
Vegemite	3.00
Roast Chicken	4.00
Roast Chicken & Cheese	4.50
Ham	3.50
Ham & Cheese	4.00
Ham, Cheese & Tomato	4.70
Cheese & Tomato	3.50

FRESH

Roast Chicken & Cheese Sandwich	4.00
Vegemite Sandwich	2.45
Egg Sandwich - 1 Egg	2.75
Egg Sandwich - 2 Eggs	3.25
Chicken Sandwich	3.50
Cheese Sandwich	2.45

ADD

Gluten Free Bread 🌿	0.50
Dairy Free Cheese	0.50

SNACKS

AVAILABLE ALL DAY



Anzac Cookies (2)	1.00
Brownie 🌿	1.00
Blueberry Muffin	1.60
Chocolate Muffin	1.60
Snack Attack Bag	1.50
Yoghurt Pot 🌿	1.50
Yoghurt Pot with Berries 🌿	2.00
Custard Cup 🌿	2.15
Fruit Salad Snack Cup 🌿🌿	2.50
Fruit Salad Tub 🌿🌿	3.85
Apple Slinky 🌿🌿	1.60
Orange Wedges 🌿🌿	1.60
Hommus, Rice Crackers & Carrot Sticks 🌿🌿	2.75
Vegetable Sticks 🌿🌿	1.85
Boiled Egg 🌿	1.00
Popcorn 🌿🌿	1.00

DRINKS

AVAILABLE ALL DAY



Cold Milo	1.60
Slushie	
Strawberry Tropical Milo	1.60
Warm Milo	1.60
Plain Milk	1.20
Flavoured Milk 🌿	
Chocolate Strawberry	2.50
Popper - Various	2.00
Water 🌿🌿	1.10

FROZEN TREATS

PICK UP AT 2ND LUNCH BELL



Frozen Pineapple Ring	0.50
Quelch Ice-Block	1.00
1/2 Quelch Ice-Block	0.50
Calippo	1.50
Bulla Vanilla Ice-Cream Cup	2.00

ORDER ONLINE
BY 8.30AM



schoolshponline.net.au/default.aspx

INTERESTED IN
HELPING OUT?

We rely on volunteers to keep the Tuckshop operating. Email us at oakleightuckshop@gmail.com

Gluten Free 🌿 | Vegetarian 🌿