

Buddhist Education Services for Schools Inc.



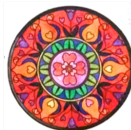
*‘Promoting universal
values for living together
in peace and harmony
for the happiness, health
and prosperity of all’*



BESS volunteer teachers
introduce the concept of
ethical values to the
young people they
teach



Students learn to achieve
a sense of their own
value and an
understanding of loving
kindness and
compassion for others.



The Eightfold Path: Adapted for Primary Children

Understanding: that everyone
wants to be free from
unhappiness.

Thought: Be aware of what
you are thinking and have
good thoughts.

Speech: Be aware of what
you are saying and say good
words.

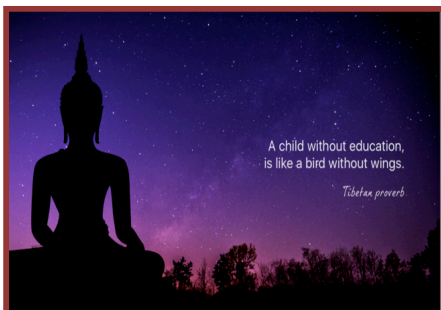
Action: Be aware of what you
are doing and take good
actions.

Liveihood: Aim to gain a living
from something that does no
harm to other beings.

Effort: Always do your best

Mindfulness: Be aware and
thoughtful, be present and
calm.

Concentration: Use Meditation
to keep your mind clear and
focused.



Bathing the Baby Buddha In School



How we think

Humility
Patience
Contentment
Delight

How we Act

Kindness
Honesty
Generosity
Right Speech

How we relate to each other

Respect
Forgiveness
Gratitude
Loyalty

How we find Meaning

Aspiration
Principles
Service
Courage

www.16guidelines.org.



Parents

If you would like your child to attend Buddhist Religious Instruction in school, tell your school about BESS.

Volunteers

We are looking for Volunteers to help deliver Buddhist instruction to Primary age children in schools as part of a Multi-Buddhist faith team.

Contact

If you would like to know more, please contact us at:

EMAIL:
infobess@gmail.com

WEBSITE:
www.bessqld.org

