

Annual cycle of Program Achieve (YCDI) beginning with the Social-Emotional Skill of 'Confidence'.

(Sem 1)

TERM 1 (*ten weeks*)

- ★ **Topic 1: Introduction** (five weeks covering first two lessons from Getting Started ('What is Success and Happiness?' and 'The 5 Foundations of Success and Happiness'))
- ★ **Topic 2: Confidence** (five weeks of activities drawn from first three Confidence lessons)

TERM 2 (*ten weeks*)

- ★ **Topic 1: Persistence** (five weeks of activities drawn from first three Persistence lessons)
- ★ **Topic 2: Organisation** (five weeks of activities drawn from first three Organisation lessons)

(Sem 2)

TERM 3/4 (*six weeks*)

- ★ **Topic 1: Getting Along** (ten weeks of activities drawn from first three Getting Along lessons plus Lesson Three from Getting Started 'The Nine Values of Good Character' covering five of the nine values)
- ★ **Topic 2: Resilience** (six weeks of activities drawn from all six Resilience lessons)

Note: The 'Individual Plans' you will see referred to below involve helping students develop their own plans for strengthening each of the 5 social-emotional skills. You will not find these 'Plans' in any of the lessons; you will need to develop a way for each student to set a goal for self-improvement.

- ★ **Topic 3: The Blockers to Success and Well-Being** (three weeks of activities from Lesson Four in Getting Started 'The 5 Blockers').

Annual cycle